

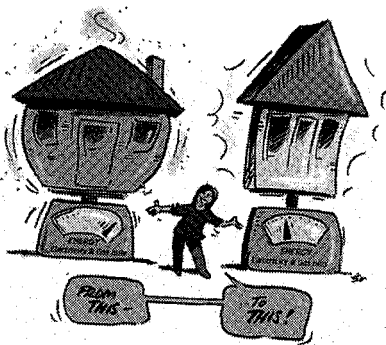
10 of the foods that will make your kids fatter faster.

and some of them a day as a fatty Big Mac (1000kj). The sugar. **CASTLEMAINE** drinks on our list
26/01/07



Castlemaine 500 will improve your home! 3 Energy Smart Workshops in February

What you get for participating in all 3 workshops!
FREE ... 6 Energy Efficient Light Globes
FREE ... An Energy Smart Thermometer
YOURS... A SMART Plan-of-Action to improve your home's performance in Summer and Winter!



Who is eligible?
Any household in Castlemaine, Chewton or Campbell's Creek
Just turn up ... no need to RSVP
Come to all 3 workshops if you can
Feb. 12th & 19th & 26th
Start at 7pm sharp
Theatre Royal

Become one of 500 ... register your household online:
www.castlemaine500.org.au.html
Call us on 5470 5934 for more information